



TENNIS TOOLKIT

Community Tennis Guidelines: Regional Victoria

TENNIS VICTORIA

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How to use the Community Tennis Guidelines: Regional Victoria

Last updated 3 August 2020

The **Community Tennis Guidelines: Regional Victoria** are designed to support anyone involved in delivering or playing tennis to do so within State COVID-19 Restrictions. Tennis has an important role to play in helping people be active in this new phase of the COVID-19 Pandemic, as long as Government restrictions are adhered to and public health and safety is considered a top priority. We hope these guidelines, read in conjunction with our Community Tennis Toolkit Checklist: Regional & Rural Victoria and other resources, will ensure you can continue playing tennis as safely as possible if you choose to.

This is a rapidly evolving situation, please refer to the [Tennis Victoria website](#) regularly for the latest recommendations and guidance on dealing with COVID-19 for tennis in Victoria. On 2 August, the Victorian State Government announced Stage 3 Restrictions for Regional Victoria, effective from 11.59pm 5 August. As a result, tennis can continue in a limited form.

The directions of the Victorian Government for Regional Victoria:

- All indoor facilities must close – this includes all indoor courts, clubhouses/rooms
 - Toilets may remain open if indoors
- Cafes in club houses can serve take away and home delivery only
- Community competition must be cancelled until further notice
- Outdoor courts may remain open for the following:
 - Outdoor tennis is permitted for two people. Doubles is permitted only with people from the same household
 - Tennis lessons are permitted with a limit of two participants, in addition to the coach.
 - Outdoor tennis facilities can host up to 10 patrons at a time subject to 1.5 metres distancing requirements (coaches can be in addition to this with a group maximum of 2 patrons per coach).
 - If the tennis venue is big enough you can have 100m between 10 people on 5 courts and then the next 10 people on the next 5 courts (*See Figure 1.1, page 5*)
- All other programs and activity must cease until further notice
- Tennis equipment must not be shared
- A register of participant details that enter the facility must be maintained, you may want to use this [QR Code](#) resource to assist with participant tracking and encourage facility users to download the [COVIDSafe app](#)
- Participants 12 years and older must wear a face covering, unless an exemption applies. If you are doing strenuous physical exercise you do not need to wear a face covering but you must carry one with you. Strenuous exercise can include playing tennis.

Guidance based on DHHS Updated Restrictions found [here](#)

Tennis clubs, associations, coaches, operators and local councils across Victoria operate in many different ways and within different surroundings and communities. Therefore, making an assessment of whether tennis can be provided safely will be dependent on a range of factors, varying across each local council area and specific to each venue. It is the responsibility of each council, coach, club and operator to work together to make this assessment based on individual circumstances.



Community Tennis Guidelines: Regional Victoria

To keep the tennis and the wider community safe, we must all take responsibility to minimise the effects and spread of COVID-19.

Before you play

Please stay at home if you have been exposed to someone with COVID-19 in the last 14 days or have mild flu-like symptoms. If you are in a [high risk health](#) category, please consider whether you should be administering or playing tennis at any time during this period, please do not take unnecessary risks.

Attending tennis activities

- Only people core to playing or coaching should be at the venue
- Arrive and leave as close as possible to when you need to be there
- In order to comply with relevant Child Safety guidelines, at least one parent/guardian should have line of sight of younger children during the tennis activity.

Social distancing

- Keep 1.5 metres away from other people while attending a tennis activity.
- Remember no handshakes or high fives, try tapping racquets instead.

Behaviours

To protect against infection, you should:

- Wash/sterilise your hands before and after you play
- Avoid touching your face while playing.
- Not share water bottles and bring your own bottle, already full.
- Bring your own hand sanitiser
- Cover your coughs and sneezes with your elbow
- Be aware of what surfaces you touch and ensure you clean them after play.
- Wear a mask when travelling to and from the venue if over the age of 12, unless an exemption applies.

Tennis activities

- Outdoor tennis is permitted for two people. Doubles is permitted only with people from the same household
- Tennis lessons are permitted with a limit of two participants, in addition to the coach.
- Outdoor tennis facilities can host up to 10 patrons at a time subject to 1.5 metres distancing requirements (coaches can be in addition to this with a group maximum of 2 patrons per coach).
- If the tennis venue is big enough you can have 100m between 10 people on 5 courts and then the next 10 people on the next 5 courts (*See Figure 1.1, page 5*)
- Shorten booking times to create a buffer between sessions to ensure minimal cross over
- Advise players to not change ends
- There should be no off-court social gatherings
- Keep records of who attends your venue and their contact details, you may want to use this [QR Code for this purpose](#)
- Payments to be made online to avoid handling cash
- Leave gates ajar during opening hours so players do not need to use handles to enter



Coaching

- Tennis lessons are permitted with a limit of two participants, in addition to the coach.
- Live ball drills and game based play is recommended over basket based
- Advise player/s to not change ends
- Maintain social distancing at all times including when giving feedback and while the player is resting
- Limit the use of coaching equipment such as target cones
- Do not let the student handle any coaching equipment - coach to pick up balls and feed drills
- Wear a face covering when travelling to and from a venue and while on court unless the face covering impacts on your ability to deliver instructions or if the activity is strenuous. You must have a face covering on you at all times.

Clean environment

Providing a clean environment in which to play tennis is critical at this time. Display signage about handwashing and hygiene techniques at strategic points like gate entry and on the side of all courts.

- All indoor facilities must close – this includes all indoor courts, clubhouses/rooms
 - Toilets may remain open if indoors
- Clean all communal tennis equipment ie. nets, court bagger, gate handles etc.

At all times sport and recreation organisations must respond to the directives of Public Health Authorities. Localised outbreaks may require sporting organisations to again restrict activity and those organisations must be ready to respond accordingly. The detection of a positive COVID-19 case in a sporting or recreation club or organisation will result in a standard public health response, which could include quarantine of an individual or large group, and close contacts, for the required period.

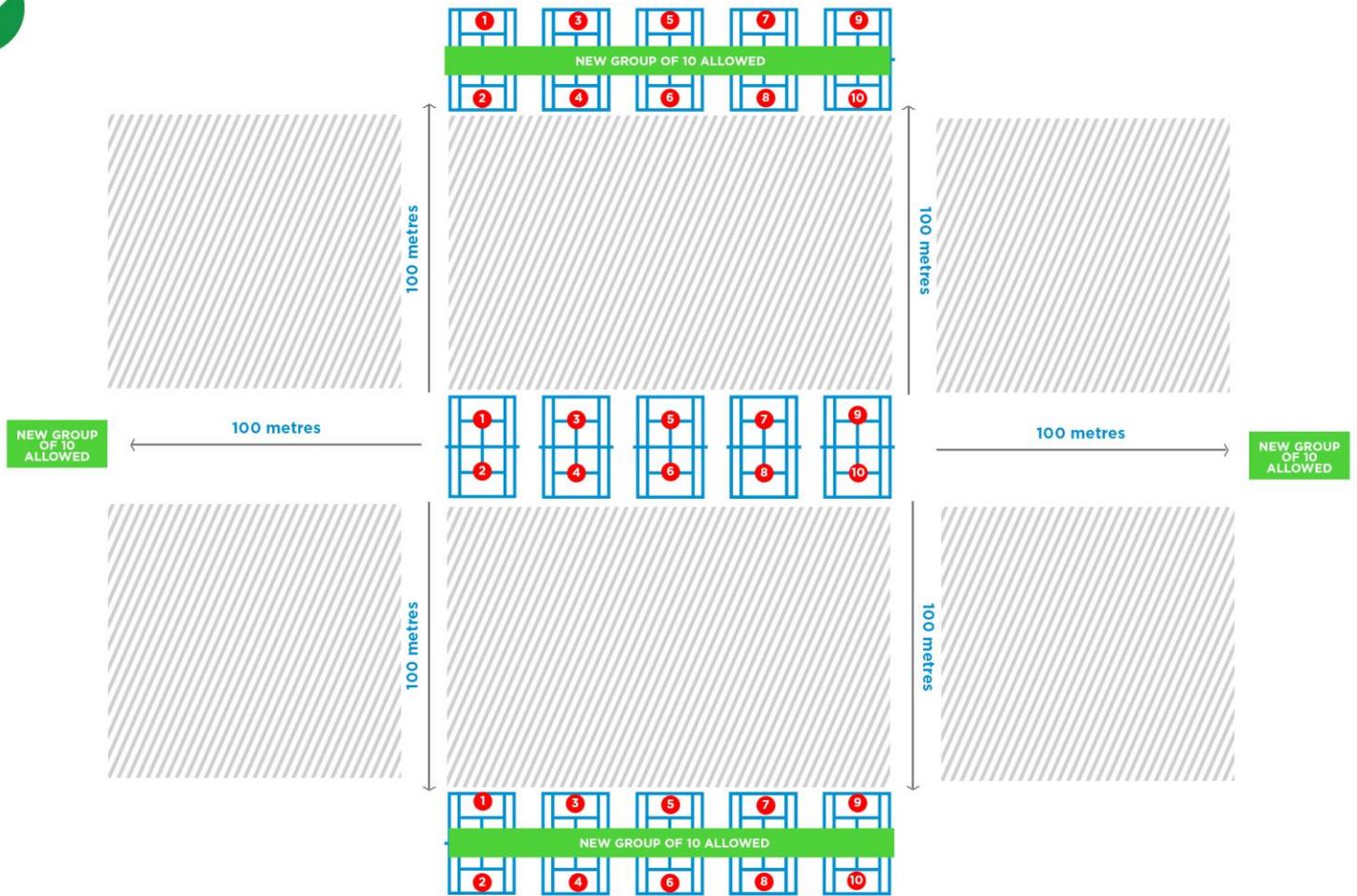


Figure 1.1: If the tennis venue is big enough you can have 100m between 10 people on 5 courts and then the next 10 people on the next 5 courts as shown above.